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Leap into Dreams・Co-create a New Journey

TRC DMH
Translational Research Centre for Digital Mental Health

CALL FOR ABSTRACTS

Digital Mental Health International Conference 2026 (DMH 2026):
Maximising the Real-World Potential of Digital Mental Health

On 16-18 June 2026, Onsite & Live Online at Tung Wah College, Hong Kong SAR, China

Website: https://www.digitalmentalhealth2026.org | Email: trcdmh@twc.edu.hk
Call for Abstracts: https://forms.gle/VSW9EG6dPnDHVKaE7
https://forms.office.com/r/MLgUqPRzp4 (alternative form for abstract submission if the primary link is not available)

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Professor Giacinto BARRESI
Professor, Bristol Robotics Laboratory, School of Engineering, CATE, UWE Bristol

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Professor, Department of Psychology, The Chinese University of Hong Kong

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SHARE SMART HEALTH APPLIED RESEARCH CENTRE

Scan the QR Code to register for the DMH International Conference 2026 (DMH 2026)!

Call for Abstracts

The high prevalence rates of mental health problems and low levels of access to traditional mental health services, combined with the rapid development of digital and emerging technologies, has led to the urgent needs for digital mental health services (Torous et al, 2020). The establishment of the Translational Research Centre for the Digital Mental Health (TRC-DMH) is to respond to global and local mental health needs and keep pace with the rapid development of digital mental health. Hence, the mission of TRC-DMH are threefold: 1) To promote best practices of digital mental health that focus on the prevention and promotion of mental health; 2) to empower translational research by building capacity in the applications and utilization of evidence-based digital mental health that support practices, services, and education; and 3) to serve as a hub for synergizing interprofessional, interdisciplinary, and interinstitutional collaboration to enhance digital mental health preventive services across the lifespan and applicable to real-world settings. The DMH 2026 is one the signature events to achieve the above mission of TRC-DMH, and will focus on the theme of "*Maximising the Real-World Potential of Digital Mental Health*", and welcomes oral and poster presentations that share and discuss empirical and evidence-based research, practice, implementation, and applications to maximise the potential of digital mental health in real world settings.

The Organising Committee cordially invites you to submit abstract proposals (no more than 300 words) to address topics relevant to the conference themes:
- DMH for Mental Health Prevention and Promotion
- DMH Therapy and Interventions
- DMH in School and Community Settings
- DMH Best Practices
- DMH Ethics, Guidelines, and Policies
- Social and Health Impacts of DMH
- Systematic Review on Digital Mental Health

 Other relevant topics are also welcomed.

Oral/Poster Presentation Abstract Submissions (Deadline: 28 February 2026)
The Conference welcomes extended abstracts (no more than 300 words) to be submitted to https://forms.gle/VSW9EG6dPnDHVKaE7. In the abstracts, you should clearly state research objectives, research questions, hypotheses (if any), research methods, findings, and implications/contributions. To ensure academic quality, all abstracts will go through a blind peer-review process.

Should the primary form be unavailable, please use the alternative forms provided here for abstract submission, https://forms.office.com/r/MLgUqPRzp4 and registration https://forms.office.com/r/iSR2E5CUgq.

Subject to authors' successful registrations to the Conference, accepted abstracts will be included in a conference program booklet and the authors will be invited to deliver an oral presentation (15 minutes) or a poster presentation at the breakout sessions in the Conference.

Conference Book Full Paper Submissions (Deadline: 31 August 2026)
Accepted oral/paper presentations will be invited to submit a full paper (12-20 pages, single-line spacing, APA style 7th edition) should be sent to trcdmh@twc.edu.hk. All full papers submitted will be subject to a blind peer-review process. Upon acceptance, and subject to authors' successful revision enhancement based on the reviewers' comments, your accepted manuscripts will be included in a new volume entitled as "*Maximising the Real-World Potential of Digital Mental Health*" to be published by Springer Nature.

English is the working language of the Conference. Authors who are not native English speakers are strongly encouraged to seek professional English editing services before their submissions to the Conference. Each author can contribute maximum TWO submissions as first author.

**Thank you so much for your support to the
DMH International Conference 2026!**